



NEWPORT
HEALTH EQUITY
ZONE

Physical and Emotional Health Programming Request for Proposal

Boys & Girls Clubs of Newport County
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**Physical and Emotional Health Programming
Request for Proposal
Due: Wednesday, May 24, 2017
Anticipated Contract Period: July 3, 2017 through August 21, 2017**

Prompt: We are looking for programs that improve the physical and emotional health of children and families in the Newport Health Equity Zone which includes the North Side and Broadway communities. In order to be eligible for funding:

1. Physical activity must be a significant component of your program.
2. A portion of your program must regularly take place in one or both of the HEZ neighborhoods.
3. Your program must address 2 Community Opportunities for Improvement – One from the Physical and Emotional Health Category of the table on page 3, and one from any other category.
4. If you are applying on behalf of an organization, the programming cannot take place in your own facility.
5. All permissions for land/facilities use, community partnerships, and desired in-kind donations must be secured prior to submitting your proposal.

The selected project(s) will be funded up to \$250 for equipment and supplies, and up to \$2,025 for staff, facility usage, and other needs. Please provide your contact information, answer the five questions listed on page 3, and attach a project budget. A proposal and budget template has been provided (Page 3) and must be followed.

Proposals are due no later than Wednesday, May 24, 2017. Please send all proposals to Erin Wood at ewood@bgcnewport.org. Proposals can also be mailed to 95 Church Street, Newport, RI 02840 but **MUST** be received prior to the due date.

Mission & Vision: The Newport Health Equity Zone is a city-wide coalition mobilizing residents and resources of the Broadway and North End neighborhoods to make Newport a place where everyone can thrive. We envision a city where:

- structural, financial, and environmental barriers to health & well-being are eliminated
- public policy fosters the good health of all residents
- residents feel empowered to control the health of their families and community

In December of 2015, the Newport Health Equity Zone collaborative members conducted a Needs Assessment which included surveys, interviews and focus groups. The data that we collected has been used to inform the content of this RFP and will be used to determine which project proposals are ultimately funded.

Guidelines: Once proposals are selected we will develop a contract with the applicant, as well as with any staff or vendors listed on the proposal. All materials needed in order to implement the program that are listed in your budget will be provided by the Boys and Girls Club of Newport County. Once the program is complete, the Newport Health Equity Zone will keep all provided materials. All other expenses (such as salaries) will be dispersed in two segments. Half will be given at the mid-way point of programming and the remaining half will be given once programming commences.

You are strongly encouraged to contact Erin Wood at ewood@bgcnewport.org or (401) 847-6927 ext. 127 at least a week prior to the due date for guidance, support, and feedback regarding your proposal.

Table 1: Your program must address 2 Community Opportunities for Improvement – 1 from the Physical and Emotional Health Category, and 1 from any other category.

COMMUNITY OPPORTUNITIES FOR IMPROVEMENT	
CK ONE OR MORE	PHYSICAL AND EMOTIONAL HEALTH
	By the end of the programming, participants will have an increased positive attitude towards physical activity.
	The programming provides children and teens of the HEZ community with transportation and access to an indoor pool.
	The programming allows children of the HEZ community to participate in organized sports teams.
PICK ONE OR MORE	The programming provides increased access to sports equipment and facilities to use for physical activity purposes.
	EDUCATION, INNOVATION AND ECONOMIC OPPORTUNITY
	Programming offers teens or children emotional support such as mentoring, positive encouragement, and positive role models.
	Programming teaches tangible and intangible skills that prepare youth for employment opportunities.
	Programming provides guidance and support for those looking to further their education.
	OPEN SPACE
	The programming improves the physical environment of HEZ space including gardening, trash clean-up, etc.
	The programming encourages the use of parks and open spaces by hosting events or activities in these areas.
	The programming improves park equipment and/or infrastructure.
	The programming establishes activity groups organized around the open spaces. (i.e. walking groups, team activities, biking groups)
	TRANSPORTATION
	The programming provides safe transportation to and from the program for HEZ residents.
	The programming addresses lack of transportation to nearby gyms, pools and recreation facilities.
	The programming educates residents on transportation safety including the basics of walking and biking safety.
	FOOD ACCESS
	The programming eases the barriers to food access by addressing the cost of healthy food.
	The programming provides HEZ residents with increased knowledge in nutrition or experience with food preparation including cooking classes.
The programming offers space for community gardens in the North Side and/or Broadway neighborhoods.	
The programming introduces additional healthy food vendors such as farmers markets and green grocers to the North Side and/or Broadway neighborhoods.	
ARTS AND CULTURE	
The programming increases access to HEZ residents' exposure to the arts including: public art shows, movie showings, concerts, etc.	
The programming increases HEZ residents' knowledge of the arts including: art classes (painting, pottery, drawing, multi-media design), music production, photography classes etc.	

- *Name:
- *Organization (If Applicable):
- *Mailing Address:
- *Phone Number:
- *Email Address:

**All Fields with (*)
are REQUIRED.**

***Question 1:** Please describe your proposed physical and emotional health project in 250 words or less. Include the timeline, proposed audience (i.e. children ages 10-18yrs), estimated number of participants, and confirmation of all land/facilities use, partnership commitments, and in-kind donations.

***Question 2:** On page two is a table that includes findings from the Newport HEZ Needs Assessment which have been framed as Opportunities for Community Improvement. Please explain in 250 words or less how your proposal will address at least one Physical and Emotional Health data point **AND** at least one data point from any of the other five categories.

***Question 3:** Please explain in 250 words or less your relevant experience.

***Question 4:** Please explain in 100 words or less how you plan to secure program participants and how many individual participants you anticipate over the total program period.

***Question 5:** Please explain in 250 words or less why you think the community is interested in your program. Please feel free to include letters of support, Facebook posts, emails, or other examples of interest you may have from members of the North Side and/or Broadway neighborhoods of Newport.

***Budget Template**

Staff/ Personnel

- Name: Number hours x hourly rate _____
- Name: Number hours x hourly rate _____

Rent

- Location name: hourly rental fee x # hours _____
- * Rain Location name: hourly rental fee x # hours _____
- **Required for Outdoor Programs*

Other

- Name: cost of item x number of items _____

In-Kind (i.e. items that you will get donated, so you are not requesting funds)

- Item name, room space, equipment/supplies etc. _____

Total Amount Requested for Staff/Rent/Other _____

Equipment/Supplies

- *Name: cost of item x number of items* _____

Total Amount Requested for Equipment/Supplies _____

(Example Budget on Next Page)

Example Budget

Staff/ Personnel

- Mildred Balune: 12 hours x \$15 per hour \$180

Rent

- Miantonomi Park \$0
- Park Holm Senior Center: \$75 per day x 2 days \$150

Other

- Bus Passes for participants: \$4 x 20 \$80
- Water for participants: \$1.50 x 80 \$120

In-Kind (i.e. things that are needed that you are not requesting funds for)

- Paint and construction paper \$150

Total Amount Requested for Staff/Rent/Other **\$530**

Equipment/ Supplies

- *Jump rope: \$5 each x 10* \$50
- *Yoga mat: \$10 each x 10* \$100

Total Amount Requested for Equipment/Supplies **\$150**